



**think
twice**



**Fundraising
event.**



it's time to talk about mental health.

event.

date.

time.

venue.

more info.

**about
us.**

ThinkTwice was borne out of a personal struggle with mental illness. It exists to assist others in their own struggles, and those who stand beside them.

It is our aim to increase awareness and decrease stigma so that people are as able to be open about their mental health condition as they are about having the 'flu.